



Jack H. Marston II Melanoma Research Fund E-mail Newsletter

Marathon News

STRENGTH. PASSION. FOCUS.

*"I've always taken the philosophy that you have to dream a little in this sport, if you stay in your comfort zone, you're not going to do anything special."
- Deena Kastor*

The Marathon Connection

In 2005 Jack's Fund was chosen as an Associated Charity of The LaSalle Bank Chicago Marathon. A team of 10 athletes ran the 26.2 LaSalle Bank Chicago Marathon in Jack's honor and raised over \$10,000 for melanoma research. This new marathon connection also led to our partnership with 2005 female winner, Deena Kastor, a melanoma survivor, and supporter of the Fund's efforts to battle the disease.

The 2006 Jack's Marathon Team has almost tripled in size and has attracted runners from all over the country. The Team's fundraising efforts are projected to top \$20,000. We are proud of our official affiliation with The LaSalle Bank Chicago Marathon and look forward to using this charity effort as a force to battle this disease for many years to come.



A Special Connection

Jack's daughter, [Jennifer Marston](#) (IL), will run her first marathon as a member of Jack's Marathon Team. She follows in his footsteps and salutes her father's memory by training with the same tenacity, determination and focus. [John Nannenhorn](#) (IL) was Jack's running partner for many years. Together they ran three marathons, and we are very proud to have him as a member of Jack's Team. [Steve Lutz](#) (IL), a coaching buddy of Jack's, has added major fundraising and recruiting to his pre-race training. We are honored Steve has chosen to join Jack's Team as he runs in



his 10th marathon. These three athletes add a special celebration to this year's efforts.



The Melanoma Connection

Our mission has touched the hearts of many whose own loved ones have suffered or died from melanoma and they are choosing to fight back. Among those running on this year's Marathon Team are: melanoma survivors [Lisa Harris](#) (TX), [Susan Gifford](#) (PA), [Elizabeth Altergott](#) (IL), and [Dan Strack](#) (IL); [Kevin Faklam](#) (IL) who is dedicating his race to his father who recently passed away from melanoma, and; [Karen Hodges](#) (CA) running in memory of a dear friend. These runners provide new inspiration and meaning as we continue to find ways to fight this deadly disease.



Your Connection

If you would like to see Jack's Marathon Team members' stories and support their efforts, please go to www.active.com/donate/jacksmarathonteam. We are so grateful to the many friends, families and co-workers who have already supported our runners and such an important cause. If you participate in "This Run's For Jack" 5k this year, keep the 27 runners who will be winding their way through the streets of Chicago in your thoughts. They will be thinking of you as we all continue the fight against melanoma.



Save the Date!

October 22, 2006

Third Annual "This Runs for Jack" 5K Run / Walk

Ackerman Park, Glen Ellyn, Illinois

Please visit [our secure online registration page](#) to sign up for the 2006 5k Run / Walk. Watch for additional newsletters this month highlighting the 5K.



You are receiving this E-Newsletter because you have signed up for a Jack's Fund Event in the past. If you wish to unsubscribe to this E-Newsletter, please respond to this email with the word 'UNSUBSCRIBE' in the subject field.

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