

Subject: 2008 January Jack's Fund E-Newsletter



Jack H. Marston II Melanoma Fund E-mail Newsletter

January 2008

Strength. Passion. Focus.

***Please help us plan for 2008:
['This Run's For Jack' 2007 Race Survey](#)***

We Hope Your 2008 is Off to a Good Start!

As we at Jack's Fund are setting our 2008 goals, may we suggest two ways that you can help us meet our goals and help others at the same time:

1. Plan to train and run for a great cause. Join Jack's Marathon Team or participate in the 5th Annual "This Run's For Jack." These two athletic endeavors may motivate you to improve your health and support us as we continue to fight this disease. Fundraising efforts for Jack's Team support awareness programs and cancer research devoted to melanoma.
2. One continuing goal at Jack's Fund is to raise awareness of the importance of skin checks. Please make it your 2008 goal to get your skin checked by a dermatologist and encourage others to do the same. Skin cancer is a disease that affects outdoor enthusiasts and is prevalent among distance runners. Help us help others that love the outdoors.

This is the year you can make a difference!



World Marathon: 2008 Boston and New York

Jack's Marathon Team has open spots in the Boston and New York Marathons. To support our Boston runners, [click here](#).



Chicago Marathon

Registration for the Chicago Marathon opens in February. Jack's Team provides you with the tools you need to run a successful marathon: structure, coaching, support, a worthy goal and accountability.

'Whether we were friends, family, or had just met that day, we had such care and compassion for each other. We were all running for one cause, we were Jack's Team, and that meant a lot....it did exactly what marathons are supposed to do: teach us about ourselves, and bond us to others through the experience. Thank you Jack's Team for an unforgettable experience!'

~ Kimber Lucius



'This Run's For Jack'

Your opinion matters: ["This Run's For Jack" 2007 Race Survey](#)
Planning has begun for the 5th Annual "This Run's For Jack".
Save the Date: October 19, 2008



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